

# PANHANDLE PETE Is Here Again! (Welcome to the Big Town!) By George McManus

He Champions the Cause of the Nobility-Pestered American Widows and Goes Bravely Forth to Meet the Pretty Prince de Gage in a Duel That Didn't Come Off



## In One Month Miss Ayer Has Put a Society 'Wreck' Back on the Road to Health, Youth and Beauty

**The Emaciated Woman in the Mask Has Gained Five Pounds, and All Wrinkles and Hollows Have Disappeared—Diet, Relaxation, Breathing Exercises and Special Treatment Yield This Result.**

By Margaret Hubbard Ayer

Four weeks ago I undertook the experiment of building up a nerve-wrecked, broken-down New York woman and restoring her to health and good looks.

The four weeks are up to-day, and I am happy to say that the experiment has proved satisfactory to her, and has demonstrated that by simple methods a woman past forty years of age can regain much of her youthful beauty and come into the fulness of her physical powers, which should be in their prime at this, the zenith of her life.

The woman who submitted to this experiment has been called the Woman with the Mask, because, as every woman will understand, she did not care to have her features recognized by her friends as the emaciated patient of The Evening World. For the same obvious reason her name is withheld.

Four weeks ago she weighed 125 pounds; she now weighs 132, there being a gain of five pounds in the four weeks.

The height of the woman with the mask is five feet seven and a half inches, and with this height she should weigh about 132 pounds.

She will continue the treatment till down for her, which she has been following during the last four weeks, for two months more, and by that time she expects to have reached her normal weight. The secret is always the hardest part, and it was only the start which I undertook to give her, with the aid of well-known food scientists and other specialists.

The Woman with the Mask is a typical example of thousands of other women in this city who may be said to suffer from unequal distribution of weight. Like other New York women, her hips are far larger in proportion than the structure of the body warrants. She showed at the beginning of the treatment signs of extreme emaciation in the face, neck and hands. And in common with all New York women who live the strenuous life either of society or business, she looked prematurely aged, there being very deep lines in her forehead and strongly marked lines from nose to mouth and at the corners of the mouth running under the chin.



The Woman with the Mask As She Is Now.



You Should Have Seen This A Month Ago.

the gagging skin of the cheeks, and she also had the very deep wrinkles, which was almost a dent, between the brows, lined in by a subcutaneous injection. As soon as the wrinkle was filled in her face took on the expression of wide-eyed gladness, which is so typically youthful.

The Woman in the Mask four weeks ago had deep hollows under her eyes, the skin of the face below distinctly sagged in coloring and was particularly so when light under the eyes. Her coloring is now usually good. The skin is a good ivory, and she has color in her cheeks.

### The Woman in the Mask Writes Her Joy at Regaining Strength and Youth.

Dear Miss Ayer:

THANKS! I never expected to feel so strong and well again. Don't think that I am going to drop the work now that your personal interest in it has ceased. I intend to give the raw food diet at least two months' more trial, as Mr. Christian assures me I will go on gaining more rapidly from now on. All I needed was the incentive to begin, after being shown the simple way by which I could recover my lost strength and looks.

The deep breathing, the physical culture and the relaxation and mental still, in controlling my tendency to worry, will be of life-long benefit to me. I am not yet as fat as I expect to be, but I am so far from being the physical wreck I was a month ago that I think when I went into your office yesterday your assistant didn't recognize me, and all of my friends speak of the improvement, not knowing that I am, your grateful patient.

P. S.—I am sorry, for your sake, that I cannot sign my name to this letter, but I hope that other thin women who have watched the experiment will take heart and improve as I have done.

April 2, 1908.

has practiced shoulder exercises and back exercises daily, and the results are plainly visible in the photograph of her back.

### May Manton's Daily Fashions.

THE latest circular skirts are a bit less voluminous than has been the case, and are fitted over the hips by means of garters or darts. This one is among the newest and best, and can be treated in so many ways that it becomes adapted to all seasons and materials. It can be made either with or without the seam at the front, and it can be made with tucks or gathers over the hips. Again, the fullness at the back can be left in inverted plaits or it can be cut off and the skirt finished in plain style. In the illustration one of the new pretty foldovers is the skirt with a hem simply attached.

The quantity of material required for the circular skirt is 14 yards 27, 4 yards 44, or 14 yards 52 inches, with seam girders. The front, 14 yards 27, 4 yards 44, or 14 yards 52 inches wide without seam of center front.

Pattern No. 5941 is cut in sizes for a 22, 24, 26, 28, 30 and 32-inch waist measure.

Get or send by mail to THE FASHION BUREAU, 20 West Twenty-third Street, New York. Send ten cents in coin or stamps for each pattern ordered.

IMPORTANT—Write your name and address plainly, and always specify size wanted.



Circular Skirt—Pattern No. 5941.